

## Making and sharing a 'book about me'

### What you will need:

- Photos of your baby/child and other people they know, or pictures of things that your child likes.
- Paper and card (strong card is good for babies!).
- String, glue, scissors and a hole punch.

### What to do:

1. With your child, put the photos into a small book (bought or made from the card, tied with string).
2. Ask your child what they would like you to write about the pictures - and let them 'write' too if they want to.
3. Share your child's book with them - talk about and point at the words and pictures.
4. Here are a few ideas:
  - Faces (people they know)
  - Favourite things
  - 'Feely' things (textures)



### How it helps - making a 'book about me' helps children:

- ◇ feel special and valued by other people
- ◇ recognise familiar people and things in pictures
- ◇ enjoy having and 'reading' their own book.